

## **Work Method**

### **Washing, wrapping and sterilizing instruments**

#### **Washing the instruments**

At the start of the day fill one tub with water and Savlon and one tub with water and a bleach tablet and one tub with water only. Put one clean big towel (underlay) and one clean small towel (to dry the instruments) on the trolley.

Clean the instruments in tub number one with a brush.

After that transfer the instruments to tub number two and soak for 10 minutes into the bleach solution. Transfer the instruments to tub number three and rinse.

Wipe the instruments with the small towel and compose the different instrument sets. Bring them to the sterilisation room.

#### **Wrapping the instruments**

When the logistic nurse indicates that instruments have to be sterilized, wrap them in double linen and sterilize. Instruments that do not belong to a set should be packed in a spare drum.

Notify the OR nurse when the sets and instruments are sterilized, so they can be cleared.

At the end of the day the logistic nurse will put the instruments out of the spare drum into the original drum.

#### **Sterilizing the instruments**

The autoclave must be loaded correctly. This means that at all times the grids must be in place. The heaviest drums go below and separately wrapped instruments go above. Micro instruments always have to go on top. After the sterilization process the instruments have to evaporate for at least 20 minutes inside the autoclave.

Drums that were opened during the day all have to be sterilized at the end of the day.